



Gary W. Hall, M.D.

Current Position: Technical Director, The Race Club, Inc.
Islamorada, Florida
Executive Director, World Fit Foundation
Vice President, United States Olympians

Gary Hall Sr. was the World Swimmer of the Year in 1969 and 1970, establishing 10 World Records in his career. Both Gary Sr. and his son, Gary Hall Jr., each competed in 3 Olympic Games, winning a combined 13 Olympic Medals for the United States. Gary Sr. was honored as the only swimmer in USA history to carry the American Flag in the Opening Ceremony of the Olympic Games in Montreal in 1976.

Gary Sr.'s interest in swimming biomechanics began while swimming at Indiana University, under coach James 'Doc' Counsilman. While preparing for medical school, Gary studied physics and fluid mechanics. Later, he coached the Cincinnati Pepsi Marlins for two years, helping put himself through medical school and then re-entered competition to make the 1976 Olympic Team.

In 1989, he started the Phoenix Swim Club in Phoenix, Arizona and in 2008 became Head Coach and Technical Director at The Race Club, which was founded by Gary Jr., in Islamorada Florida. The Race Club, under coach Mike Bottom, qualified 30 swimmers for the Olympic Games over 12 years, winning a combined 21 Olympic medals. Today, The Race Club focuses on teaching proper swimming technique and training methods to competitive swimmers, open water swimmers and triathletes from all over the world.